



PROFESSIONAL PROFILES 2009

Midwest Orthopaedics at Rush — Hand, Elbow, and Shoulder

The Hand, Elbow, and Shoulder Center at Rush is one of the only centers in the nation completely dedicated to the evaluation and treatment of the hand, wrist, elbow, and shoulder. Our surgeons only specialize in the upper extremity and must be board certified and fellowship trained with a subspecialty focus. They are pioneering and well-versed in the latest treatment techniques for the repair and reconstruction of traumatic injuries as well as acquired disorders of the nerves, tendons, and joints. The center uniquely combines surgery and rehabilitation, including on-site therapy, and is committed to education and research providing the most advanced treatment.

Our center was among the first in the country to perform entirely arthroscopic repairs of the wrist and elbow. We specialize in minimally invasive techniques decreasing pain and allowing for rapid recoveries in the treatment of fractures and joint reconstruction. In fact, more hand, wrist, elbow, and shoulder replacements have been performed at Rush than at any other medical center in Illinois.

Our surgeons are nationally and internationally recognized leaders in the development of cutting edge and alternative treatment methods. Current research includes the development of:

- Minimally invasive repair of fractures allowing for immediate use
- Bone substitutes eliminating the need for casts
- Arthroscopic elbow release and complex elbow reconstruction
- Microsurgery and nerve reconstruction
- New joint replacement devices to maximize function and quality of life

Standing, from left: Reena Patel, PA; Jocelyn Handschiegel-Shook, PA; Mark S. Cohen, MD; John J. Fernandez, MD; Dimpal Patel, PA.

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