



PROFESSIONAL PROFILES 2009

## Midwest Orthopaedics at Rush — Sports Medicine

The nationally recognized sports medicine program of Midwest Orthopaedics at Rush (MOR) specializes in providing comprehensive services to diagnose, treat, and rehabilitate sport-related injuries. These physicians treat the recreational, high school, collegiate, and professional athlete, as well as industrial and workplace injuries.

This group has pioneered and advanced numerous innovative treatments and procedures including complete arthroscopic rotator cuff and shoulder instability repair, knee (ACL) and ligament re-construction, cartilage restoration, meniscal transplants, arthroscopic and minimally invasive surgical approaches to repair damaged knees and shoulders, hip arthroscopy, as well as total shoulder replacement. These types of innovative approaches yield excellent outcomes and minimize tissue trauma, allowing for accelerated rehabilitation and a faster return to work or sport.

The Upper Extremity Center of Midwest Orthopaedics at Rush (MOR) is one of the only centers in the nation dedicated to the evaluation and treatment of the elbow and shoulder. MOR surgeons specialize in the latest surgical and non surgical techniques for trauma, tendon and nerve conditions, and arthritis of the upper extremities.

The center combines surgery, rehabilitation, physical and occupational therapy, and research to provide the most advanced treatment for its patients.

The physicians of MOR serve as the team physicians for the Chicago Bulls, Chicago White Sox, DePaul University, and Trinity International University Athletics, as well as many other professional, collegiate and high school teams and clubs. In addition, MOR offers an athletic training outreach program that focuses on injury prevention by collaborating with athletes, parents, and coaches of recreation and club sports programs. MOR is also proud to be the home of a women's sports medicine program, providing a comprehensive approach to evaluating and treating recreational and competitive female athletes. MOR also has a Pediatric Sports Medicine Program. The goal of the program is to combine research and clinical expertise to provide the highest quality, most innovative care in a family-centered way to meet the special needs of children, adolescents, and their families.

The physicians of MOR are recognized as national and international leaders in education and research within sports medicine and shoulder, and have consistently been featured within the "Top Doctors" issue of *Chicago* magazine.

**Standing, from left:** Brian J. Cole, MD, MBA; Gregory P. Nicholson, MD; Trish L. Palmer, MD; Anthony A. Romeo, MD; Nikhil N. Verma, MD; Charles Bush-Joseph, MD; Bernard R. Bach, Jr., MD; Jeffrey M. Mjaanes, MD; Kathleen M. Weber, MD.

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**TEAM PHYSICIANS**  
**Chicago White Sox & Chicago Bulls**